



Abbey Meloche

Fast Facts.....

Name	Abbey Meloche
Age	15
Age when you started diving	9
School attending	St Ignatius High school
Favourite Sports Team	The Fab 4 - (Jennifer Abel, Pamela Ware, Meaghan Benfeito, Roseline Filion)

In the Pool.....

Why did you start diving?	Tried it in Adventures Camp and loved it!
What do you love most about diving?	Learning to face my fears
What is your favourite diving skill?	Twisters!
What have you gained from diving?	Confidence
What skill would you most like to learn?	Calm and consistency under pressure
Who is your favourite diver and why?	Meaghan Benfeito because she has achieved so many of the things I would like to achieve.
What are your greatest achievements in diving?	Provincial Champion and achieved nationals twice

More about you.....

Interesting fact about yourself	I am Whovian
Favourite subject in school	Math
Specialty in the kitchen	Cookies
What do you do away from diving?	Am I ever away from diving? 😊
Do you have any pets?	A fluffy black kitty named Oscar!
Describe yourself in 3 words	Goofy, athletic, determined